

The Considerate Operator's Frequency Guide

The following frequencies are generally recognized for certain modes or activities (all frequencies are in MHz) during normal conditions. These are not regulations and occasionally a high level of activity, such as during a period of emergency response, DXpedition or contest, may result in stations operating outside these frequency ranges.

Nothing in the rules recognizes a net's, group's or any individual's special privilege to any specific frequency. Section 97.101(b) of the Rules states that "Each station licensee and each control operator must cooperate in selecting transmitting channels and in making the most effective use of the amateur service frequencies. No frequency will be assigned for the exclusive use of any station." No one "owns" a frequency.

It's good practice — and plain old common sense — for any operator, regardless of mode, to check to see if the frequency is in use prior to engaging operation. If you are there first, other operators should make an effort to protect you from interference to the extent possible, given that 100% interference-free operation is an unrealistic expectation in today's congested bands.

<i>Frequencies</i>	<i>Modes/Activities</i>	<i>Frequencies</i>	<i>Modes/Activities</i>
1.800-2.000	CW	14.233	D-SSTV
1.800-1.810	Digital Modes	14.236	Digital Voice
1.810	CW QRP calling frequency	14.285	QRP SSB calling frequency
1.843-2.000	SSB, SSTV and other wideband modes	14.286	AM calling frequency
1.910	SSB QRP	18.100-18.105	RTTY/Data
1.995-2.000	Experimental	18.105-18.110	Automatically controlled data stations
1.999-2.000	Beacons	18.110	IBP/NCDXF beacons
		18.162.5	Digital Voice
3.500-3.510	CW DX window	21.060	QRP CW calling frequency
3.560	QRP CW calling frequency	21.070-21.110	RTTY/Data
3.570-3.600	RTTY/Data	21.090-21.100	Automatically controlled data stations
3.585-3.600	Automatically controlled data stations	21.150	IBP/NCDXF beacons
3.590	RTTY/Data DX	21.340	SSTV
3.790-3.800	DX window	21.385	QRP SSB calling frequency
3.845	SSTV		
3.885	AM calling frequency	24.920-24.925	RTTY/Data
3.985	QRP SSB calling frequency	24.925-24.930	Automatically controlled data stations
		24.930	IBP/NCDXF beacons
7.030	QRP CW calling frequency	28.060	QRP CW calling frequency
7.040	RTTY/Data DX	28.070-28.120	RTTY/Data
7.070-7.125	RTTY/Data	28.120-28.189	Automatically controlled data stations
7.100-7.105	Automatically controlled data stations	28.190-28.225	Beacons
7.171	SSTV	28.200	IBP/NCDXF beacons
7.173	D-SSTV	28.385	QRP SSB calling frequency
7.285	QRP SSB calling frequency	28.680	SSTV
7.290	AM calling frequency	29.000-29.200	AM
10.130-10.140	RTTY/Data	29.300-29.510	Satellite downlinks
10.140-10.150	Automatically controlled data stations	29.520-29.580	Repeater inputs
14.060	QRP CW calling frequency	29.600	FM simplex
14.070-14.095	RTTY/Data	29.620-29.680	Repeater outputs
14.095-14.0995	Automatically controlled data stations		
14.100	IBP/NCDXF beacons		
14.1005-14.112	Automatically controlled data stations		
14.230	SSTV		

ARRL band plans for frequencies above 28.300 MHz are shown in *The ARRL Repeater Directory* and on www.arrl.org.